Case report:

Variation of origin of left testicular artery- A case report

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Abstract

Anatomy of testicular artery is very important for testicular as well as renal surgeries. In addition to the normal pattern of origin of the gonadal arteries from abdominal aorta, it may arise from renal arteries, suprarenal arteries and accessory renal arteries. During routine dissection of a male cadaver of 65 year old the left testicular artery arising from the left renal artery was found. In the literature origin of testicular artery from renal artery was found from 1.47% to 17%. Thus knowledge of this type of variation is very important in avoiding complications during abdominal surgeries.

Key words: Testicular artery, Renal artery, Mesonephric crest

Introduction

The testicular artery (internal spermatic artery) usually arises from the abdominal aorta, inferior to the origin of the renal artery, and courses inferolaterally under the parietal peritoneum, along psoas major, towards the pelvis. On the right, it courses anterior to the inferior vena cava and posterior to the middle colic and ileocolic arteries and terminal ileum. On the left, it courses posterior to the inferior mesenteric vein, left colic artery and descending colon. As the right and left testicular arteries enter the pelvis, they lie anterior to the genitofemoral nerves, ureters and external iliac arteries. Both arteries then enter the deep inguinal ring and travel with ipsilateral spermatic cord in the inguinal canal to the scrotum [1].

In the literature it has been found that there may be several other sites, in addition to the normal pattern, of origin of the gonadal arteries have been described; renal, accessory renal and suprarenal arteries are most commonly mentioned (Lippert & Pabst et al., 1985)[2]; (Asala et al., 2001) [3]; (Cicekcibasi et al., 2002)[4]; (Bergman et al., 2006) [5]; (Petru et al., 2007) [6]; (Shoja et al., 2007) [7]; (Pai et al., 2008) [8] and more rarely the lumbar, common or internal iliac and superior epigastric arteries [2,5]; (Paraskevas et al., 2011) [9].

At embryonic stage there is presence of lateral splanchnic arteries which are branches of the dorsal aorta, persists bilaterally as testicular and three suprarenal arteries. With variations in the course of the testicular arteries there may be association of certain vascular and developmental anomalies of kidneys, as both of these organs embryologically developed from the intermediate mesoderm of mesonephric crest. Also the vasculature of kidneys and gonads are derived from the lateral mesonephric branches of dorsal aorta [10,11].

This kind of aberrant vasculature might be a challenge for the surgeon during surgery in this
region, though may be mostly undiagnosed throughout life. So pre operative aortography is often required to know the presence of abnormality. So the present case report aims together to explain the embryological basis of this congenital anomaly and also the risk associated during surgery in this region.

Case Report
During routine abdominal dissection of a male cadaver of 65 year old at North Bengal Medical College & Hospital for the undergraduate medical students of the session 2016-17, it was found that the left testicular artery originated from the left renal artery. The testicular artery of other side originated from its normal position i.e. from the lateral branch of abdominal aorta just below the origin of right renal artery. Both sided renal vein were normal in draining i.e. left sided testicular vein drains into left renal vein and right sided testicular vein in inferior vena cava. On both side, there was no additional branch from abdominal aorta to the testes and also absence of any additional renal artery.

Fig.1 showing origin of testicular arteries of both side
LK- Left Kidney, LU- Left Ureter, LRA- Left Renal artery, LRV- Left Renal vein, LTA- Left Testicular artery, LTV- Left Testicular vein, AA- Abdominal Aorta, IVC- Inferior vena cava, RTA- Right Testicular artery, RTV- Right Testicular vein
Discussion

Congenital anomalies of the testicular arteries are common, may vary at the origin; one or both arteries may arise from renal, suprarenal or lumbar artery or may be missing, may be originated from a common trunk or be doubled, tripled or quadrupled [2]. High origin of gonadal arteries from abdominal aorta and origin of accessory left testicular artery from anterolateral wall of descending aorta described [12]. It was also noted that from the inferior polar artery of kidney testicular artery originated [13]. Testicular arteries may arise from a common stem with suprarenal artery [14]. The normal pattern is followed in the 83% of cases according to the classical anatomical text books [2]. In the literature anomalies were in a range from 4.7% (7/150) [3] to 75% (12/16) [6]. To be specific the gonadal arteries originating from main renal artery with a varying frequency of 1.47% (1/68)[8] to 17% [2] and from accessory renal artery ranges from 5.5% (5/90) [4] to
31.25% (5/16) [6]. The latter variety occurred bilaterally only in the 1.1% of the cases (1/90) [4]. The testicular arteries are more anomalous than ovarian arteries in respect of anomalous origin [4]. In a study data, collected from spontaneously aborted fetus and classification made on origin of gonadal arteries in following four types.

i) Type I- origin from suprarenal artery [Rt-4.4%, Lt-1.1%]
ii) Type II- origin from renal artery [Rt- 2.2%, Lt-3.3%]
iii) Type III- High positional origin from the abdominal aorta at the level of renal artery [Rt- 3.3%, Lt- 1.1%]
iv) Type IV- Duplication of the testicular artery (3.3%).

It is worth to mention that in type- II, the gonadal artery always originated from inferior polar arteries and not from the main one [4].

According to another literature the variation is as follows:-

- Variation 1:: Testicular artery from inferior polar artery ( T-5/68, R-3/34 L-2/34)
- Variation 2::- Testicular artery from main renal artery ( T-1/68, R-1 /68)
- Variation 3::- High origin of testicular artery
- Variation 4::- Double testicular artery

And all these variations coexisted with multiple renal vessels [8].

Cicekcibasi et al reported that the gonadal artery originated from inferior polar artery in (5/98) cases right and (2/98) cases left sided, whereas from upper polar artery the no. is (2/98) and only found in right side [4].

**Embryological basis**

There is definite embryological basis for the variation of renal and gonadal arteries. Both kidneys, suprarenal and gonads developed during embryonic life from the intermediate mesoderm of mesonephric crest [4, 14]. So their blood supply was also from a common source, the lateral mesonephric branches of dorsal aorta. These were 9 pairs in nos. These can be divided into three groups,

1\(^{\text{st}}\) and 2\(^{\text{nd}}\)- cranial arteries
3\(^{\text{rd}}\) to 5\(^{\text{th}}\)- middle arteries
6\(^{\text{th}}\) to 9\(^{\text{th}}\)- caudal arteries.

If there is persistence of more than one middle artery, there will be multiple renal arteries. As embryo grows, kidney ascends and gonads descend. When the two organs cross, the testis receives two main branches, one above and one below the kidney. As the organs reach their final position the lower branch usually atrophies [13].

Felix [14] also stated that mainly caudal group of arteries give rise to gonadal arteries though may arise from any of the 9 arteries. Various growth/transcription factors and hemodynamic forces may determine about the selection and persistence of a particular congenital vascular channel, though the particular embryonic signal for this selection is yet to be found [15].

In our case report we found type-II variety as described by Cicekcibasi et al [4] of congenital anomaly where left testicular artery was arising from left renal artery.

**Conclusion:**

Now a days there are newer techniques for surgery. So during laparoscopic surgery of male abdomen and pelvis, there may be hazardous complication due to this kind of variable anatomy of renal and gonadal artery. So surgeons need to be careful to any vascular injury to gonads. Arteriography or Doppler ultrasound examination of renal hilum is important before surgery in this region.
It is worthy to mention that the increasing demand for living donor graft in renal transplantation, the knowledge of variant renal arteries and gonadal arteries is necessary. The knowledge regarding this variation becomes very helpful when one has to manage the case of spontaneous retroperitoneal hemorrhage from aneurysm of adrenal artery.

**Bibliography:**