"Solitary Castleman's Disease-At an unusual Site (Axilla) - A Case Report."

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ABSTRACT:

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A 28 Years old female presented with a right axillary swelling in Talegaon General Hospital in April 2007. The patient was afebrile and on examination, had no organomegaly or any other lymphadenopathy. Her haematological , biochemical & radiological investigation did not reveal any abnormality. Clinically, the case was diagnosed as ?Lipoma/ ?Neurofibroma, which was followed by excision. A well-circumscribed specimen, measuring 8x8x3cm, soft to firm in consistency and grey in colour was received in the department of Pathology, MIMER Medical College, Talegaon Dabhade. The histopathological diagnosis of Castleman's Disease – Hyaline Vascular type (Solitary form) was offered. The solitary form of Castleman's Disease most commonly presents as a mass located in the mediastinum. This case is presented because of its occurrence in the axillary region – an unusual site. **Key words:-** Axillary mass, Solitary form of Castleman's Disease, Hyaline-Vascular Type.

Background: Castleman's disease is a rare benign lymphoproliferative disorder of uncertain origin which most commonly involves the mediastinum but rarely affects the axilla¹. It represents a morphologically distinct rare form of massive lymph node hyperplasia rather than a neoplasm or hamartoma². Clinically, two forms of the disease exist: the localized or solitary form and the multicentric or systemic form³. Histologically, two distinct patterns have been described- the hyaline vascular type and the plasma cell type². We report a case of Solitary Castleman's Disease –Hyaline Vascular type in a 28 year old female with an unusual presentation as an axillary mass.

CASE REPORT: A 28 year old female presented with a right axillary swelling. The swelling was non-tender, mobile and gradually increased in size to attain the present size of 9X8X4 cm over a period of 3 years. There were no complaints of fever and weight loss. The general examination of the patient did not reveal any

any other specific positive finding except an axillary swelling. There was no hepatosplenomegaly.

Local examination revealed a firm swelling, measuring 9X8X4 cm in the right axillary region. The skin over the swelling appeared normal. Her haematological and biochemical investigations did not reveal any abnormality. Clinically, the case was diagnosed as a benign soft tissue tumor-? Lipoma/? Neurofibroma. Surgical excision of the mass was done and the specimen was sent to the Department of Pathology. Grossly, the mass was well circumscribed; encapsulated and measured 8X8X3cm.External surface was smooth and showed prominent blood vessels. [Fig.No.1]. The mass was firm in consistency and on cut section appeared solid gray with no areas of haemorrhage and necrosis. [Fig.No. 2].

Microscopic examination of the haematoxylin-eosin stained sections showed lymph node with marked follicular hyperplasia (Fig.No.3). The follicles were of varying size and showed prominent germinal centres. At places the germinal centres showed vascular proliferation and hyalinization (regressive germinal centres). Moreover, there was a targetoid alignment of lymphocytes in the mantle zone of the hyalinized follicle with an occasional capillary penetrating radially into the germinal centres(Lollipop appearance) (Fig.No.4). Interfollicularstroma was prominent and showed lymphocytes, numerous hyperplastic vessels and hyaline change. The sinuses were absent. Considering the characteristic pathological features and the axillary location, the diagnosis of Solitary Castleman's Disease-Hyaline Vascular type (axilla) was given.

DISCUSSION: Synonyms include Angiofollicular lymph-node hyperplasia, Angiofollicular lymphoid hyperplasia, Giant lymph-node hyperplasia, Lymphoidhamartoma, Benign lymphoma or Follicular lymphoreticuloma.³ Castleman's disease is a very rare pathology with unknown precise incidence. More than 400 cases of isolated case are reported in literature so far.³ It occurs at any age, with a peak incidence in the third to fourth decade of life, but the multicentric form usually affects older individuals. Both types have equal male to female incidence.⁵The patient in the present case report was a 28 year old female. The disease is clinically classified into two major types: the localized or solitary form and the multicentric or systemic form.³

The most common site of the localized form is the mediastinum-70%, head and neck <10%. Additional sites of occurrence include the retroperitoneum, mesentery, vulva, pancreas and pelvis.⁵

The incidence of solitary form of axillary Castleman's disease is 4%.⁶ Grossly, it is known to be wellcircumscribed and can measure even 15 cm or more in diameter. The cut surface does not show any necrosis.²In the present case report, the mass measured 8X8X3 cm, with no areas of necrosis on cut section.

Histologically, two distinct patterns have been describedthe hyaline vascular or angiofollicular type and plasma cell type. According to Keller et al., the hyaline vascular variant comprises 91% of Castleman's disease and mostly presents as a solitary lymphadenopathy⁷. This case also presented with a solitary axillary swelling.

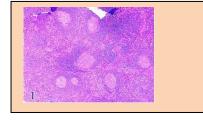
Microscopically, the hyaline vascular type shows increased number of scattered large follicles, many of which with hyalinization and marked vascular proliferation of the germinal centres.² Often capillaries penetrating follicles give a "lollipop" appearance. There is a tight concentric layering of lymphocytes at the periphery of the follicle, resulting in an "onion-skin", "targetoid" or "stadium seating" appearance.⁸ The interfollicular area shows marked proliferation of post capillary venules and presence of plasma cells, eosinophils, immunoblast and monocytes. Sinuses are characteristically absent.²All these characteristic histological features of Castleman's disease were noted in the present case. The etiology is unknown, the two main hypothesis being abnormal immune response and viral infection.² Human herpes virus 8 and interleukin 6 are regarded to be linked to the pathogenesis.⁹ Dysplastic or atypical follicular dendritic cells positive for CD21 and CD 35 have frequently been described in the hyalinizedcentre and can even show monoclonality, yet their role in the pathogenesis is unclear.^{2,8,} Solitary Castleman's disease follows a benign course, and in most cases, surgical removal of the affected lymph node is curative as recurrence is not expected.¹⁰ The patient of our case report did not reveal any recurrence.

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