# **Case Report:**

# Xanthogranulomatous oophoritis : Case Report

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#### Abstract:

**Background:** Xanthogranulomatous inflammation of female genital tract is extremely rare entity. Very few cases have been documented in literature.

**Case Reporting :** We presented a case of xanthogranulomatous affection of ovary in eighteen year girl youngest documented in literature without getting exposed to all known predisposing factors like pelvic inflammatory disease(PID), leiomyoma, endometriosis, intrauterine contraceptive devices(IUCD). Her clinical examination, radiological evaluation, tumor markers, surgical findings as well as microscopic picture was likely to get confused with malignancy if we would have missed xanthogranulomatous inflammation as one of differential diagnosis.

**Conclusion:** Xanthogranulomatous oophoritis should be discussed in detail as it is not a well-known pathology and likely to get confused with malignancy, especially while treating ovarian tumors.

Key words: Xanthogranulomatous inflammation, Xanthogranulomatous oophoritis, female genital tract

## **Introduction :**

Xanthogranulomatous inflammation is an uncommon, non-neoplastic, chronic process that is destructive to the normal tissue of the affected organs. It is characterized by the presence of a large number of lipid-containing macrophages with an admixture of lymphocytes, plasma cells and neutrophils <sup>[1, 2]</sup>. Most commonly affected organ is kidney followed by that the gall bladder <sup>[3, 4]</sup>. Other organs in which xanthogranulomatous inflammation has been reported are stomach, anorectal area, bone, urinary bladder, testis and epididymis. Female genital tract involvement is rare and is mostly confined to the endometrium; however, involvement of the vagina, cervix, fallopian tube and ovary has been

documented <sup>[1, 5-12].</sup> Only a few cases involving the ovary have been reported up to date <sup>[5-12].</sup>

#### Case report :

18 year old newly married girl presented with pain in abdomen and fever since one week. On per abdominal examination there was a well defined mass with mixed consistency of 18 x 15 cm arising from the pelvis occupying whole of lower and mid abdomen more on right side and extending up to the right hypochondriac region. Pelvic ultrasound revealed large solid ovarian mass with necrotic areas and no free fluid in abdomen. A computerized tomography scan of the abdomen showed a large heterogeneous right ovarian mass with normal left ovary, no free fluid, no omental deposits or lymphadenopathy. All hematological investigations

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including tumor markers were done. Hematological investigations showed Hemoglobin - 9.5Gm%, Total Leucocyte Count -7500/mm3 with Polymorphs 80%, Lymphocytes 20% and Platelet count of 160,000/mm3 and ESR - 20mm/hr. Renal function test, liver function test, urine routine and microscopy were within normal limits. CA125 level was slightly raised (68.01U/ml). Patient was posted for exploratory laparotomy. During surgery we came across right ovarian complex mass of 17x15x5 cms ( Photograph 1) with normal left ovary. There was no ascites, omental deposits or liver involvement. Right salphingo-oophorectomy was done. The specimen was sent for histopathological examination. Grossly, the external surface was smooth and cut section showed multiple cystic and solid areas. Cysts varied from 0.5 to 2.5 cm in size and contained yellowish serous fluid, mucoid material and blood clots. Solid areas showed yellowish appearance and areas of necrosis (Photograph 2). Microscopic examination revealed diffuse and dense infiltration of ovarian tissue by sheets of foamy histiocytes, lymphocytes, plasma cells and polymorphs (Photograph 3). Multiple micro abscesses with extensive areas of hemorrhagic and infarctoid necrosis, collections of hemosiderophages, dilated lymphatics, congested and thrombosed blood vessels and areas of marked fibrosis separated by hyalinised stroma were noted. Special stains like Acid fast stain, PAS and GMNS stain were negative for microorganisms. Diagnosis of xanthogranulomatous oophoritis was confirmed. Postoperative course was uneventful. Patient was discharged on seventh postoperative day.



**Photograph 1** 



Photograph 2



Photograph 3

## Discussion :

Kunakemakorn was the first to describe xanthogranulomatous inflammation of serosa of uterus, left fallopian tube and ovary in his report of inflammatory pseudotumor in the pelvis in 1976<sup>[13]</sup>. To date, very few cases of xanthogranulomatous

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<sup>[14-22]</sup>.The oophoritis have been reported etiopathogenesis of xanthogranulomatous oophoritis is not yet clear. Many theories have been proposed, such as theory of infection, leomyoma, endometriosis, of IUCD, inefficient or use inappropriate drugs (antibiotics) and abnormalities of lipid metabolism etc<sup>[23]</sup>. The most accepted theory is of infection, which is supported by clinical evidence of infection and growth of bacteria such as Escherichia coli, Bacteroides fragilis, Proteus vulgaris, and Salmonella typhi from the affected tissue by culture [16]. Singh UR et al described xanthogranulomatous oophoritis as a complication of typhoid [19].

The average age is 38.5 years (range 23-72) and the youngest case reported was of 18 years <sup>[22]</sup>. The clinical presentations include fever, abdominal mass, pain in the abdomen, menorrhagia, anemia and anorexia. Gynecological examination reveals adnexal mass with tenderness. Laboratory tests show elevated ESR and raised white blood cell count <sup>[23]</sup>. Radiological findings of xanthogranulomatous oophoritis may simulate malignant ovarian neoplasm. Contrast-enhanced CT shows complex solid-cystic lesions with thick enhancing walls and variably enhancing solid intramural nodules. Solid intramural nodules appear hypo intense on T1 weighted MRI or may appear T1 hyper intense, and may show enhancing solid areas <sup>[24, 25]</sup>.

Grossly the affected ovary is usually enlarged and the size varies from 3-17 cm <sup>[14-22]</sup>. Ovary is replaced by tumor like solid yellow, nodular mass that occasionally is cystic due to liquefactive necrosis. The inflammation may extend beyond the ovary and

involves the neighboring organs as well as adjacent pelvic peritoneum resulting in adhesions <sup>[21]</sup>. Thus these features may arouse the suspicion of malignancy. Microscopically the lesion is characterized by lipid laden histiocytes. The proliferation of foamy histiocytes and fibrous organization of the chronic inflammatory process are responsible for the pseudotumoral appearance on gross examination <sup>[21]</sup>. Differential diagnosis includes both non-neoplastic and neoplastic conditions. Nonneoplastic conditions include infections like tuberculosis and fungal infections which can be ruled out by performing special stains. In malakoplakia, the cytoplasmic concentric calcific bodies (Michaelis-Gutmann bodies) are found which were not seen in our case. Neoplastic conditions include lymphoma or leukemia, malignant small cell tumor and sclerosing stromal tumor. Thus clinically, radiologically and pathologically xanthogranulomatous oophoritis can be confused with ovarian malignancy.

Treatment of choice for xanthogranulomatous oophoritis is oophorectomy. Antibiotic therapy has been attempted but it has not succeeded in reducing ovarian mass<sup>[13]</sup>.

#### Conclusion:

Patients with PID, endometriosis, leomyomas and IUCD etc. should be followed up because of their close association with xanthogranulomatous oophoritis. Xanthogranulomatous oophoritis should be kept in mind while dealing with cases of ovarian tumors to prevent misdiagnosis of malignancy and to avoid radical surgeries.

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